

Breakfast is FREE for all RMA am students.

1% White Milk and Fat Free Chocolate Milk will be available with all meals.

Due to nationwide challenges in many industries, some items may not be available and could be substituted out.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Blank menu box for Monday.

Blank menu box for Tuesday.

1ST
Concha
Fruit
100% Fruit Juice

2ND Choice of Cereal:
Trix
or Cocoa Puffs with
Graham Crackers
Fruit
100% Fruit Juice

3RD
Croissant with Jelly
Fruit
100% Fruit Juice


6TH
Cheez Its
Cheese Stick
Fruit
100% Fruit Juice


7TH
Cinnamon Bun
Fruit
100% Fruit Juice

8TH
Oatmeal Cinnamon
Apple Bar
Fruit
100% Fruit Juice

9TH Choice of Cereal:
Frosted Flakes or
Cinnamon Toast Crunch
With Graham Crackers
Fruit
100% Fruit Juice

10TH
PB&J
Fruit
100% Fruit

13TH


14TH **Spring Break** 15TH 16TH 17TH


20TH
Yogurt with Granola
Fruit
100% Fruit Juice

21ST
Baked Oatmeal
Chocolate Chip
Breakfast Bar
Fruit
100% Fruit Juice

22ND
Concha
Fruit
100% Fruit Juice

23RD Choice of Cereal:
Trix
or Cocoa Puffs with
Graham Crackers
Fruit
100% Fruit Juice

24TH
Croissant with Jelly
Fruit
100% Fruit Juice

27TH
Cheez Its
Cheese Stick
Fruit
100% Fruit Juice

28TH
Cinnamon Bun
Fruit
100% Fruit Juice

29TH
Oatmeal Cinnamon
Apple Bar
Fruit
100% Fruit Juice

30TH Choice of Cereal:
Frosted Flakes or
Cinnamon Toast Crunch
With Graham Crackers
Fruit
100% Fruit Juice

31ST
PB&J
Fruit
100% Fruit

